Bellefaire JCB

Meet Our Providers

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Bellefaire JCB

Meet Our Providers

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Leadership: Carl Brass, Ali Trotter, Chava Harris



Carl Brass, MBA, MA, LPCC-S
Executive Director

Carl R. Brass, MBA, LPCC-S, is the Executive Director of Bellefaire JCB, one of the nation's leading nonprofit behavioral health and child-serving agencies. He provides executive leadership for a broad continuum of services supporting children, youth, and families, including community-based care, residential treatment, education, adoption, crisis response, and prevention programming.

Carl brings nearly 25 years of behavioral health leadership experience spanning clinical, operational, and executive roles. Prior to his current position, he served as Executive Director of Lifeworks Autism Services, where he led the development of innovative, sustainable programming for adults with autism and guided the organization through a period of significant growth and transformation.

Throughout his career, Carl has focused on advancing integrated systems of care and improving outcomes for individuals with complex behavioral health needs. His expertise includes strategic planning, organizational development, clinical program design, and healthcare innovation.

Carl earned a bachelor's degree in psychology from The Ohio State University, a master's degree in clinical counseling from John Carroll University, and an MBA from the University of Dayton. He is a Licensed Supervising Professional Clinical Counselor (LPCC-S) in Ohio. A frequent speaker, he has presented on autism services, ethical decision-making, and innovative residential and community-based treatment models, and has published in the Cleveland Clinic Journal of Medicine.



Ali Trotter, MSSA, LISW-S
Deputy Executive Director and
Chief External Affairs Officer

Ali Trotter, MSSA, LISW-S, is the Deputy Executive Director and Chief External Affairs Officer for BellefaireJCB. Ali began her career at Bellefaire JCB in 1993 as an in-home family therapist intern and joined the agency full-time in 1994. She later advanced to the role of Director of Intake. Ali holds an undergraduate degree in social work from The Ohio State University and completed her Master of Science in Social Administration from Case Western Reserve University.

In 1998, Ali relocated to California, where she served as the Women's Division Director for the Jewish Federation of Long Beach. She then moved to Chicago and became Director of Special Projects and Early Childhood Services at Jewish Children and Family Services. In this role, she developed and oversaw innovative programs for children and adults with disabilities, including a group home for adults with autism, an overnight summer camp for children with autism, and a preschool serving children on the autism spectrum.

In 2014, Ali moved to New Jersey and worked as a social worker in a nursing home in Cherry Hill, providing support and services to residents and their families. She returned to Bellefaire JCB in 2015 and currently oversees many of the agency's community-based programs.

In addition to her leadership roles, Ali has more than 30 years of experience working directly with children, adolescents, young adults, and families through her private practice. She specializes in family therapy and individual mental health treatment. Ali draws on a comprehensive range of evidence-based treatment approaches, tailoring interventions to meet the unique needs of each individual and family.



Chava Harris, MSSA, LISW-S
Chief Clinical Officer

Chava Harris, MSSA, LISW-S joined Bellefaire JCB in 2022 to lead the development of the MRSS team providing community crisis response and stabilization services. As a leader and innovator in the field of crisis response, Chava became the Director of Crisis Services for Bellefaire and in 2026 was named the Chief Clinical Officer (CCO) for the agency. In this capacity, Chava serves as Bellefaire JCB's senior clinical executive and is responsible for advancing clinical excellence across the organization. As a member of the Executive Leadership Team, the CCO provides strategic leadership for the agency's clinical services, promotes evidence-based practice, oversees quality improvement initiatives, and ensures the consistent delivery of exceptional behavioral healthcare throughout Bellefaire JCB.

Chava holds a bachelor's (BA) degree from The Ohio State University and a master's in social work (MSSA) from CWRU Mandel School of Applied Social Science. She specializes in the provision of crisis and trauma-informed services and has expertise in family systems work with youth and families.

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Leadership: Kevin Brett, Dr. Emily Cao



Kevin Brett, M.Ed, MBA
Director of Operations

Kevin Brett serves as the Director of Operations at Bellefaire, where he oversees the agency's Operations Department and provides leadership for Bellefaire's regional office network.

Kevin has dedicated the majority of his professional career to developing and supporting programs and systems that serve individuals across the lifespan on the autism spectrum, as well as those with behavioral health and mental health needs.

Prior to his current role, Kevin served for eight years as Director of the MAP and ATLAS day services programs at Lifeworks Autism Services. He later returned to Bellefaire in 2023 to provide administrative leadership for the Monarch School and agency-wide operational initiatives.

Kevin holds a Master of Education (M.Ed.) in Curriculum from Arizona State University and a Master of Business Administration (MBA) from the Weatherhead School of Management.



Emily Cao, MD:
Chief Medical Officer

After joining the organization in 2021, Dr. Emily Cao became Bellefaire JCB's Chief Medical Officer in 2025. In her role as Chief Medical Officer, Dr. Cao oversees the provision of healthcare across a multitude of services for the organization. In addition to overseeing Bellefaire JCB's medical services, she is a practicing child and adolescent psychiatrist specializing in the treatment of mental health issues in children, adolescents, and young adults. She is board certified by the American Board of Psychiatry and Neurology.

After completing medical school at the University of Toledo College of Medicine, Dr. Cao served as Chief Resident for Consultation and Liaison Psychiatry during her adult psychiatry training at the University of Toledo Medical Center, where she was also recognized by the Department of Psychiatry with the Excellence in Teaching Award. She then completed her child and adolescent psychiatry fellowship at University Hospitals of Cleveland/Rainbow Babies and Children's Hospital.

Dr. Cao has published work in academic medical journals, presented at national psychiatry conferences, and lectured on a wide variety of topics relating to mental health. She also serves as a volunteer faculty member in the Department of Child & Adolescent Psychiatry Departments at University Hospitals/Case Western Reserve University and Akron Children's Hospital/NEOMED.

In her free time, Dr. Cao enjoys gardening, creating art, traveling to warm destinations and family gatherings.

Psychiatry: Dr. Michael McFadden



Michael McFadden, MD
Medical Director Outpatient
Psychiatry Services

Dr. McFadden, MD is a child & adolescent psychiatrist specializing in the treatment of mental health issues in children, adolescents, and young adults. He is board certified in both General Psychiatry and Child & Adolescent Psychiatry by the American Board of Psychiatry and Neurology (ABPN). Dr. McFadden holds his undergraduate degree from Case Western Reserve University and completed medical school at Northeast Ohio Medical University. He completed his general psychiatry residency with Summa Health and an additional child and adolescent psychiatry fellowship with Akron Children's Hospital.

Dr. McFadden joined Bellefaire in 2025 as Medical Director of Outpatient Psychiatry Services. In addition to his role as Medical Director, he continues to see patients and provide medical management and therapy to youth and young adults aged 5-26 years old. Dr. McFadden specializes in ADHD diagnosis and treatment, depression, anxiety, behavioral outbursts, bipolar disorder, OCD, psychotic disorders, and a variety of other mental health conditions.

In his spare time, Dr. McFadden enjoys video games, weightlifting, and is a self-proclaimed ice cream aficionado!

Availability: Monday-Friday 9-5pm (Shaker Campus). In person appointments available on Tuesdays, telehealth Mon-Fri.

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Psychiatry: Hamidullah Cashmere, Nancy Diffenbacher



Hamidullah Cashmere, PMHNP-BC
Psychiatric Mental Health
Nurse Practitioner

Hamidullah Cashmere, PMHNP-BC, is a Registered Nurse (RN) and Psychiatric Mental Health Nurse Practitioner providing psychiatry and medication management services at Bellefaire's Shaker, Summit and Portage locations. Hamidullah holds a Master of Science (MS) in Nursing from Ohio University.

Hamidullah joined Bellefaire in the outpatient psychiatry department in 2025. Prior to Bellefaire, Hamidullah worked as a charge nurse and registered nurse at Nationwide Children's Hospital in Columbus, Ohio.

Hamidullah is accepting new patients ages 5-21, and has expertise in ADHD diagnosis and treatment, anxiety disorders, bi-polar and other mood disorders.

In his spare time, Hamidullah enjoys spending time with family, gardening, snowboarding and fishing.

Availability and Location: Shaker, Summit and Portage locations. In-personal and telehealth appointments are available.



Nancy Diffenbacher MSN, CPNP-PC, PMHS
Certified Pediatric Nurse Practitioner

Nancy is a certified psychiatric nurse practitioner at Bellefaire's Medina and Lorain regional locations. Nancy holds a Bachelor of Science (BSN) in Nursing from the University of Cincinnati and her Master of Science (MSN) in Nursing from the University of Texas.

Nancy has decades of experience working with pediatric populations and in child and adolescent psychiatry. She has been a Registered Nurse (RN) in the state of Ohio since 1980, was board certified as a Pediatric Nurse Practitioner (PNCB Board) in 1985 and became board certified (PNCB Board) in 2011 as a Child and Adolescent Mental Health Practitioner. Nancy has worked in hospital systems, community mental health and in private practice settings.

Nancy works with youth and young adults ages 4-21 and specializes in the treatment of ADHD, Adjustment disorder anxiety and depression, autism spectrum disorders and educating parents about school support services.

Nancy enjoys gardening, riding her bike, and helping her daughters with vintage tea party catering.

Availability and Location: Medina and Lorain Regional Offices. Monday-Friday Telehealth appointments. Tuesday: In-person/ Medina. Wednesday and Thursday: In-person/Lorain.

Outpatient Providers: *Cuyahoga* - Joe Alexander



Joe Alexander, Ph.D, LPCC-S
Lead Therapist Youth and
Family Counseling

Joe Alexander, Ph.D, LPCC-S is the lead outpatient provider of youth and family counseling at Bellefaire JCB's Shaker Heights location. Since 2016, his roles as therapist, clinical supervisor and Director have allowed him the opportunity to provide counseling and supervision across a wide array of clients in different programs and levels of care.

Joe holds his undergraduate degree from Ohio University, a master's degree in School Counseling from Kent State University and a Doctorate in Counselor Education and Supervision from Kent State University.

An educator and clinician for 20 years, Joe has had the privilege of working in a variety of education and mental health settings. He has enjoyed teaching at primary school and university levels and has provided counseling and profession supervision at K-12 schools and community agencies.

He specializes in serving youth ages 5-17 working through a variety of issues from depression and anxiety to family and behavioral concerns. My interests outside of counseling include sports, video games, golf, and comic books.

Availability and Location: Shaker Campus Weekday daytime, afternoon and evening hours. In-person (Shaker Campus) and telehealth options.

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** Repeat provider, see page 4 for information*

Outpatient Providers: *Medina* - Laural Neuman, Cheryl Abshire *Summit* - Kim Eckberg



Laural Neuman, IMFT, LPCC
Outpatient Therapist

Laural, IMFT, LPCC is an Outpatient Therapist that works with youth from 6 through age 18, helping them navigate complex mental health and behavioral challenges to foster growth and resilience. She offers individual, family, and couples therapy using an integrative approach tailored to each client's needs, drawing on DBT, CBT and Solution-Focused Therapy and Motivational Interviewing.

Laural joined Bellefaire in 2020 and is a dual-licensed therapist holding both the Independent Marriage and Family Therapist (IMFT) and Licensed Professional Clinical Counselor (LPCC) credentials, with a Master of Education in Marriage and Family Therapy from the University of Akron. Laural focuses on depression, anxiety, ADHD, grief and loss, stages of life transitions, trauma and offers LGBTQ+ affirming care. She enjoys spending time in nature, including hiking, kayaking, and beach combing.

Availability and Location: Medina Office. Monday-Friday in person and telehealth options. Evening Hours available.



Cheryl Abshire, MA, LPCC
Outpatient Therapist

Cheryl Abshire, MA, LPCC is an Outpatient Therapist that works with youth and young adults ages 6-18 years old. She primarily utilizes CBT, DBT, Motivational Interviewing, trauma-Focused CBT, Family systems and psychoeducation in her work with clients and families. Cheryl specializes in working with individuals struggling with anxiety, depression, ADHD, trauma, and self-esteem issues. Additionally, Cheryl has expertise in the field of Autism and can work with ASD youth and young adults seeking to develop and improve social and communication skills.

Cheryl joined Bellefaire in 2017 as a school-based therapist in Wadsworth and Highland School Districts before moving to the Bellefaire outpatient setting as a provider.

Cheryl holds a MA in Clinical Counseling from Ashland Seminary as well as a MA in Religious Education with a minor in Social Work from Southwestern Seminary in Fort Worth, Texas.

In her spare time, Cheryl enjoys traveling and exploring new places, photography and reading.

Availability: Monday-Thursday 11am-9pm, In-person (Medina Office) and telehealth options.



Kimberly Eckberg
Outpatient Therapist

Kimberly Eckberg, MA, LPC is an Outpatient Therapist in the Summit Regional Office and the Education Coordinator for all Bellefaire Regional locations. She holds a master's degree in counseling from Malone University.

Kimberly joined Bellefaire in 2017 as a school-based therapist at Evolve Academy in Medina. She then provided in-home therapy through the Medina and Summit offices and later transitioned to the outpatient therapy department at the Summit location. In addition to serving her clients, Kimberly oversees curriculum development for Bellefaire' s Summit, Medina, Portage and Lorain locations, and has been integral in the development of a DBT-C curriculum for the child and adolescent groups program.

Kimberly provides therapy for children, adolescents, and adults. She provides therapeutic services for women struggling with Maternal Depression and has a specialization in Parent Training. Drawing primarily upon Dialectical Behavior Therapy (DBT), Kimberly supports struggling youth and families utilizing DBT, CBT, ACT, Solution-Focused and Trauma-informed care. She sees youth aged 6 through adulthood.

Outside of her clinical practice, Kimberly enjoys reading, golf, and creating resin tables and accessories.

Availability: In-person preferred, with telehealth options. Please contact Summit Admissions for inquiries.

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** Repeat provider, see this page for information*

Outpatient Providers: *Summit* - Kristen Neidert
Portage - Kristen Neidert*



Kristen Neidert, IMFT-S
Outpatient Therapist

Kristen Neidert, IMFT-S is an outpatient therapist at Bellefaire's Summit and Portage locations. She holds a master's degree in Marriage and Family Therapy from the University of Akron.

Kristen's first experience with Bellefaire was as a graduate intern. She joined Bellefaire full-time in 2021 as an in-home therapist with the Parents and Children Together (PACT) program, then later transitioned to Functional Family Therapy (FFT) in 2022. In addition to her outpatient clients, Kristen serves as the Clinical Supervisor of the Child and Adolescent Groups program at the Portage location.

As an IMFT-S, Kristen specializes in the treating of individuals, couples and families through a relational and systemic lens, using trauma-informed practices and integrating DBT, CBT and Solution-Focused interventions with clients and families.

Outside of clinical practice Kristen enjoys watching British Crime and Sci-Fi shows as well as spending time with family and friends.

Availability: Limited, in-person or telehealth. Please contact Summit and Portage Intake to inquire about openings

** Repeat provider, see page 3 for information*

Monarch Residential: Dr. Andrew Kreger, Dr. Emily Cao*, Eric Feitl



Andrew Kreger, DO
MBA North Psychiatry

Dr. Kreger is a child & adolescent psychiatrist specializing in the treatment of mental health issues in children, adolescents, and young adults. He is board certified by the American Board of Psychiatry and Neurology. After attending medical school at Lake Erie College of Osteopathic Medicine, Dr. Kreger completed his general psychiatry training at The University of Toledo, where he served as chief resident. Dr. Kreger then completed fellowship training in child & adolescent psychiatry at University Hospitals/Rainbow Babies and Children's Hospital. He is a member of the American Academy of Child & Adolescent Psychiatry, the American Psychiatric Society, and the Northeast Ohio Society of Child & Adolescent Psychiatry.

Dr. Kreger has published work in academic medical journals, presented at national psychiatry conferences, and lectured on a wide variety of topics relating to mental health. He also serves as a volunteer faculty member in the Department of Child & Adolescent Psychiatry at University Hospitals/Case Western Reserve University, helping to teach psychiatry residents and fellows.

Dr. Kreger enjoys most sports, playing tennis and soccer during the year and is an avid Cleveland Guardians fan. He also has an undefeated collegiate tennis record. Otherwise, time is spent with family, friends, or reading from a growing pile of books.



Eric Feitl, MA, BCBA, COBA
Senior Director of Residential Autism Services

Eric Feitl, MA, BCBA, COBA is the Director of Residential Autism Services for the Monarch Center for Autism. He oversees both the Qualified Residential Treatment Program (QRTP) and Psychiatric Residential Treatment Facility (PRTF) located on Bellefaire's Shaker Heights campus. Eric holds an undergraduate degree in Psychology from Ohio University, completed his preliminary graduate studies at Cleveland State University where he received a certification in Applied Behavior Analysis, and completed his graduate degree in Applied Behavior Analysis in Practice from Florida Institute of Technology. Eric became a Board-Certified assistant Behavior Analyst (BCaBA) following his certification completion at Cleveland State University. Later, Eric became a Board-Certified Behavior Analyst (BCBA) after completion of his graduate studies at Florida Institute of Technology.

In 2018, Eric joined the Bellefaire affiliate, Monarch Lifeworks, where he served as a Treatment Specialist in their group homes and intermediate care facilities. Next, Eric supported as a Floor Supervisor in their programs and soon after served in the role of Clinical Coordinator for the Supported Living division of Monarch Lifeworks. In 2023, Eric transitioned to the Monarch Center for Autism, where he now devotes his clinical skills to the provision of evidenced-based treatment for children and adolescents with Autism and the development and growth of the professionals supporting our youth.

Eric's work focuses on supporting youth and adults diagnosed with ASD, intellectual disability, and co-occurring mental health diagnoses. He specializes in the training of professionals, parents, families, and caregivers in support and teaching strategies for their loved ones.

In his current role, Eric advances Monarch's mission of clinical excellence in the treatment of youth with severe challenging behavior. His work focuses on teaching functional communication, tolerance and acceptance skills, cooperation with medical procedures, independence in activities of daily living, reducing food selectivity and increasing food acceptance, and improving overall sleep hygiene.

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Monarch Residential Education: Jenny O'Keefe, Monica Fisher



Jennifer O'Keefe, LPCC-S
Senior Director of Monarch School

Jennifer O'Keefe, LPCC-S is the Director of Monarch School, overseeing both the residential education and day school students for Bellefaire's charter school (NPS) specializing in Autism. She holds an undergraduate degree in Art Therapy from Mercyhurst University and a graduate degree in Art Therapy and Counseling from Ursuline College.

Jennifer joined Bellefaire JCB in 2004 as a Child Care Worker in the Intensive Treatment Units, where she supported children and adolescents with behavioral health needs. While earning her master's degree she transitioned to the Partial Hospitalization and Group Therapy Department, expanding her clinical experience.

Jennifer has spent the last 17 years serving in a variety of leadership and supportive roles at the Monarch School and Monarch Boarding Academies, helping to advance the organization's mission of providing specialized educational and therapeutic services to autistic youth.

Most recently, Jennifer assumed the role of Director of the Monarch School, where her team strives to provide excellent educational services through an interdisciplinary approach that aims to improve quality of life for children with Autism and their families.



Monica Fisher, M.Ed., BCBA, COBA
Assistant Director for Monarch School

Monica Fisher, M.Ed., BCBA, COBA is the Assistant Director for Monarch School, overseeing both the residential and day school students for Bellefaire's charter school (NPS) specializing in Autism.

For 22+ years, Monica has worked with children and adolescents on the autism spectrum in both the residential and educational settings. Initially a Youth Counselor at the Monarch Boarding Academy, she transitioned to Monarch School as an Instructional Assistant while furthering her education, earning a master's degree in education and obtaining her teaching license in special education in 2010. While serving as an Intervention Specialist for Monarch School, Monica became a Board-Certified Behavior Analyst and Certified Ohio Behavior Analyst. Beginning in 2016, she served as the Director of the Behavior Department at Monarch School for 7 years.

In 2023, Monica transitioned to serving as the Director of Residential Education, overseeing and coordinating educational services at Monarch School for all the residents at the Monarch Boarding Academies. For the 2025-2026 school year, Monica assumed the role of Assistant Director of Monarch School.

Monica is passionate about the dissemination of evidence-based practices, effective training, and organizational behavior management. She serves as a QBS Safety-Care® Trainer and aims to provide exceptional clinical and educational services to all learners attending Monarch School.

Behavioral Health: Dr. Kamal-Neil Dass



Kamal-Neil Dass, DO
Behavioral Health Residential Psychiatry

Dr. Dass joined the Bellefaire team in early 2026 as the staff psychiatrist for the residential behavioral health programs, bringing with him 23+ years of experience in child and adolescent psychiatry. He has been a proud Clevelander for most of his life and completed his Bachelor of Sciences degree with a major in biology from Cleveland State University. He then attended the Ohio University College of Osteopathic Medicine in Athens, OH, and completed his clinicals at South Pointe Hospital in Warrensville. After graduation from medical school, Dr. Dass completed his General Psychiatry residency and Child & Adolescent Psychiatry fellowship with University Hospitals. He is dually board-certified from the American Board of Psychiatry & Neurology for General Psychiatry and Child & Adolescent Psychiatry.

Dr. Dass has served youth and adolescents in both the inpatient and outpatient settings. He began his career as a Child & Adolescent Psychiatrist at MetroHealth Medical Center in Cleveland, where he ultimately served as the Director of the Child & Adolescent Psychiatry Division. From Metrohealth, Dr. Dass transitioned to private practice with LifeStance in their Beachwood and Brecksville locations.

In addition to his clinical work, Dr. Dass has served as an Assistant Professor through Case Western Reserve University and Ohio University College of Osteopathic Medicine. Having always admired Bellefaire as a long-standing institution of Cleveland, Dr. Dass joined the Bellefaire team in 2026, overseeing psychiatry for the residents of the Intensive Treatment Units and Stabilization Critical Care Unit.

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Behavioral Health: Jamie Walker-Syph, Samantha Mishne, Brian Dewyre



Jamie Walker-Syph, LISW-S
Senior Director of Residential Mental Health Services

Jamie Walker-Syph, LISW-S is the Senior Director of Residential Mental Health Services at Bellefaire's main Shaker Heights location. She holds an undergraduate degree from The University of Findlay and her graduate degree from Case Western University.

As the Director of Bellefaire's Dialectical Behavioral Therapy (DBT) – Adherent residential program, Jamie specializes in the provision of evidenced-based residential treatment for youth and adolescent struggling with a wide range of mental health, behavioral health and co-occurring disorders. She has expertise ADHD, Mood Disorders, Thought Disorders, Trauma, Human Trafficking, Self-harm and Suicidal Ideation.

Jamie joined Bellefaire in 2012, first working in the residential cottages of Bellefaire's Monarch Center for Autism and then shifting to therapy services in the agency's school-based program. Jamie then returned to residential treatment on the behavioral health side of campus as a Cottage Supervisor, Unit Director and Assistant Director of Residential and Clinical Services. She has presented and shared her nearly 15 years of residential treatment experience at conferences and webinars.



Samantha Mishne, LISW-S, LICDC-CS
Director of DBT Adherence

Samantha Mishne, LISW-S, LICDC-CS has been the Director of DBT Adherence at Bellefaire JCB for since 2021 and an adjunct faculty at Case Western Reserve Jack, Joseph and Morton Mandel School of Applied Social Sciences for over 15 years.

Since earning her master's in clinical social work, Samantha has spent the past 20 years focusing on the implementation of evidence-based treatment, primarily Dialectical Behavioral Therapy and Cognitive Behavioral Therapy to get clients back to their life worth living as quickly as possible. Her primary focus is the treatment of suicidal in self-harming and adolescents with eating disorders. Samantha is one of only 11 DBT-Linehan Board Certified therapists in the state of Ohio. She also maintains a small private practice at The Center for Behavioral Therapy-CBT Cleveland.

Samantha's life worth living includes spending time with her children and collecting prints.



Brian Dewyre, M.Ed, LPCC-S
Director of DBT Training

Brian Dewyre, M.Ed, LPCC-S is the Director of the Training Department for Bellefaire's DBT-adherent behavioral health residential programs. Brian joined BellefaireJCB in 2014 and served as Director of the Transitional and Independent Living Program and Clinical Services prior to assuming his current role. He holds an undergraduate degree from Bowling Green State University and earned his Master of Education Xaver University with a specialization in Agency and Community Counseling.

Brian possesses more than 35 years of experience in both the inpatient setting (residential treatment) and outpatient setting. He maintains a private practice and has worked with youth and adults throughout the lifespan. Throughout his career he has served across the continuum of behavioral healthcare, including as a Child Care Worker, Therapist, Case Manager and various clinical supervisory positions.

Brian provides community and agency training for professionals, first responders, and direct care staff. With specialties in DBT (Intensively trained), CBT, TF-CBT, and family therapy, Brian is integral in forwarding Bellefaire's mission of providing clinical excellence in community mental health and residential treatment.

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Behavioral Health: Keosha Williams, Alexandra Sanders, Megan Blondeaux



Keosha Williams, LISW
Program Director of Cottage 10 and SCCU

Keosha Williams, LISW is the Program Director for the Intensive Treatment Unit (Cottage 10) and the Stabilization Critical Care Unit (SCCU) within Bellefaire's behavioral health residential program. She holds an undergraduate degree from The Ohio State University and a graduate degree from Cleveland State University.

Keosha joined Bellefaire in 2015 as a youth counselor before interning in the school-based counseling program. She transitioned to the residential program and has served as a Floor Supervisor, Care Coordinator and most recently as the Program Director.

Keosha has 10+ years of expertise in working with youth and adolescents with a variety of mental health, attachment, and/or substance issues. She specializes in the treatment of youth who demonstrate self-injurious and aggressive behaviors using the theoretical framework of Dialectical Behavioral Therapy (DBT) and Therapeutic Crisis Intervention (TCI).



Alexandra Sanders, MA, LPCC
Program Director for the Intensive Treatment Unit (Cottage 12)

Alexandra Sanders, MA, LPCC is the Program Director for the Intensive Treatment Unit (Cottage 12) within Bellefaire's behavioral health residential program. Alexandra earned her Master's degree in Clinical Mental Health Counseling with a Mental Health and Substance Use Focus from John Carroll University.

Alexandra joined Bellefaire in 2019 as a residential child-care worker before transitioning to provide Therapeutic Behavior Services (TBS). Prior to assuming the Director role, Alexandra was a floor supervisor and care coordinator for Cottage 12.

Alexandra possesses 6+ years of expertise in the provision of residential treatment to youth and adolescents with mental health, attachment, or dually diagnosed challenges. She specializes in serving youth who demonstrate self-injurious behaviors or chronic suicidality, emotional dysregulation, interpersonal conflict, and co-occurring mental health and substance abuse. Alexandra utilizes Dialectical Behavioral Therapy (DBT) and Therapeutic Crisis Intervention in helping youth and adolescents to build effective skills towards a life worth living.



Megan Blondeaux, LPCC-S
Director of Residential Clinical Services

Megan Blondeaux, LPCC-S is the Director of Residential Clinical Services for Bellefaire's Intensive Treatment Units and Stabilization Critical Care Unit. She holds an undergraduate degree (BA) in psychology from Notre Dame College and a graduate degree in Clinical Mental Health Counseling from Kent State University.

Megan joined Bellefaire in 2022 first as a Care Coordinator for the Stabilization Critical Care Unit and then as the Program Director for that unit. Since 2008, Megan has worked with children, adolescents and families in community, residential and juvenile justice settings. She has a passion for helping youth and families navigate life's challenges, build resilience and foster health relationships.

In addition to her clinical role, Megan provides clinical supervision to emerging clinicians since and enjoys supporting their professional growth.

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Admissions: Julie Glasscock, Chelsey Schura



Julie Glasscock, MA, LPCC-S
Director of Admissions and Outreach

Julie Glasscock, MA, LPCC-S is the Director of Admissions and Outreach for BellefaireJCB, Reserve School and the Monarch Center for Autism. She holds an undergraduate degree in psychology from Miami University and earned her Master of Arts in Community Counseling from Loyola University Chicago.

Julie has served numerous roles within Bellefaire, both in residential treatment and community mental health. Early in her career, she worked in the Intensive Treatment Units and later transitioned to therapist on the Intensive Home-Based Therapy team, providing in-home counseling services to youth and families struggling with mental health, co-occurring substance use and family systems issues. Since 2017, Julie has served on the Admissions Team as a Specialist, Coordinator and Director.

In her current capacity, Julie oversees a centralized Admissions and Outreach Team that seeks to link youth and families to therapeutic services, and when appropriate, residential treatment within Bellefaire's residential service array. She understands the enormity of a caregiver's decision to explore residential care for their loved one, and takes great pride in leading a dedicated team that approaches every potential residential admission with understanding, empathy, clear communication, professionalism and clinical excellence.



Chelsey Schura, MA, LPCC-S
Admissions Coordinator

Chelsey Schura, MA, LPCC-S is an Admissions Coordinator and works with youth and their families in facilitating admissions on Bellefaire's campus. She joined Bellefaire JCB in 2016, having earned her Master of Arts in Clinical Mental Health Counseling from John Caroll University. Prior to joining the Admissions Team, Chelsey began her career at Bellefaire as a therapist and group facilitator in the Child and Adolescent Group Services program.

As a member of the Admissions Team, Chelsey enjoys working with children, adolescents and their families, providing guidance on matching youth treatment needs to Bellefaire's service array and assistance with the residential referral process when needed. She specializes in the diagnosis and treatment planning of youth with complex clinical presentations.

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Meet Our Providers

Admissions: Cori Binko, Kirstie Otto, Chloe Zontini



Cori Binko, MS, LPCC-S, LCDCIII
Admissions Specialist

Cori Binko, MS, LPCC-S, LCDCIII is an Admissions Specialist with BellefaireJCB and the Monarch Center for Autism. Cori earned her Master of Science from Canisius College, and is dually-licensed with expertise in juvenile justice, complex mental health and substance use disorders.

Cori joined Bellefaire in 2013, where she worked with the Intensive Home-Based program both as a therapist and supervisor. She joined the Admissions Team in 2019 where she continues to assist families in obtaining services for their struggling youth. She understands the challenges and barriers families face when seeking treatment for a loved one, and when residential treatment is indicated, is devoted to helping families navigate the referral process and the resulting impact on the family system.



Kirstie Otto, MS, IMFT
Admissions Specialist

Kirstie Otto, MS, IMFT is an Admissions Specialist with BellefaireJCB and the Monarch Center for Autism. She earned both her undergraduate and graduate degrees in Marriage and Family Therapy from the University of Kentucky.

Kirstie joined Bellefaire in 2020 first as a therapist with the Intensive Home-Based program and later as an outpatient therapist. Kirstie transitioned to the Admissions Team in 2025, and is uniquely positioned to understand the struggles and complexities families face with youth and adolescents who struggle with mental health, co-occurring or autism spectrum disorders



Chloe Zontini, MA, LPCC
Admissions Specialist

Chloe Zontini, MA, LPCC is an Admissions Specialist who works with youth and their families during their initial stages of treatment within the agency. Chloe joined Bellefaire JCB in 2015 with an undergraduate degree in Psychology from Ohio University and a Master of Arts in Clinical Mental Health Counseling from John Carroll University. She started working with Bellefaire JCB as an Autism Treatment Specialist for Monarch Center for Autism. Chloe continued her career path as a group therapist in the Child and Adolescent Group Services program and as an individual therapist in the School Based department before transitioning in 2022 to her current role.

As an Admission Specialist, Chloe dedicates her time to helping individuals between the ages of 5-21 years old and their families access the behavioral health services that best fit their needs. Chloe discusses and explains the options with the individual, including but not limited to, outpatient individual counseling, day treatment, and a residential level of care. Chloe helps to ensure each individual is connected with the treatment that best meets their unique needs.

Bellefaire JCB

Meet Our Providers

Outreach: Cynthia Hartz, Karen McHenry



Cynthia Hartz
National Marketing and Outreach Specialist

Cynthia Hartz serves as Bellefaire's National Marketing and Outreach Specialist, where she is passionate about connecting families and professionals with the specialized services offered by Monarch Center for Autism. Through strategic outreach and collaborative partnerships, she works closely with school districts, educational consultants, attorneys, and families nationwide to support informed, individualized residential treatment center (RTC) placement decisions.

With 16 years of experience in special education, Cynthia is a trusted advocate and resource for families navigating complex educational and treatment needs. She is a Certified Special Education Advocate through the Council of Parent Attorneys and Advocates (COPAA) SEAT program and has demonstrated long-standing leadership within the residential treatment community, serving as Past President and a current Officer of the national ADDAM Residential Treatment Program Network. Cynthia is committed to helping every child and family find the support and services they need to thrive.



Karen McHenry, LISW-S, LICDC-CS
Director of Community Engagement

Karen McHenry, LISW-S, LICDC-CS is Bellefaire's Director of Community Engagement. She is dually licensed with a Master of Science from Case Western University.

Karen joined Bellefaire in 1987 and has held numerous clinical, supervisory, and leadership roles across the agency. In addition to clinical work in her private practice, Karen has led programs within residential treatment, transitional living, and unhoused and runaway youth outreach. Karen has expertise in trauma-informed care and crisis response, and has led and supported victim-centered, family-focused programming, particularly for youth affected by sex trafficking. She has collaborated with federal and community partners to coordinate service integration to reduce risk and support recovery.

In Karen's current role, she works to connect with and engage Ohio partners and external stakeholders state-wide to expand awareness of Bellefaire's services, and to ensure at-risk youth benefit from multi-agency coordination and care. Karen has been a presenter at various conferences, and continues to provide continuing education and supervision to advance Bellefaire's mission of providing trauma-informed care with clinical excellence.

Thank you for reviewing our provider directory. Our dedicated professionals are here to support children, youth, and families with compassionate, expert care.

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